

Twisters Code Of Conduct

Welcome to Twisters

We at Twisters are fully committed to safeguarding and promoting the well-being of all our members. We believe it is important that members, coaches, administration staff and parents/carers associated with Twisters should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open and honest at all times and share any concerns or complaints that they may have about any aspect of Twisters. **Our Welfare Officer is Hermione Murray**. If you have any concerns, complaints or compliments and you are unable to speak with your teacher/coach during class times then we can be contacted on 020 8933 9997 or 020 8840 4452. Alternatively you can email Twisters at twisters@btinternet.com

Ofsted can also be contacted as follows

0300 123 1231

Or you can write to ofsted at:
Applications, Regulatory and
Contact (ARC) Team
Ofsted
Piccadilly Gate
Store Street
Manchester M1 2WD

Club Safety Rules; Code of Conduct for Parents/Carers/Visitors

Please ensure:

Your child has read and understood the rules of the club and participates within them.

You are aware we will never force your child to take part in gymnastic, dance or activity classes against their will.

Your child is dressed appropriately for dance and gymnastics; their hair is neat and tidy and tied off the face; **all** jewellery has been removed, (**earrings are not an option**), and they have been to the toilet. Children must ask to be accompanied to use the toilet facilities during a lesson.

Your child is brought into the hall a minimum of 5 minutes before the lesson, therefore in time for registration and is collected promptly from the hall at the end of the lesson.

You use correct and proper language at all times, and ensure you are respectful to other Twisters members and their families, coaches and teachers.

You **do not** photograph or film your child during any classes. For Child Protection reasons you are not permitted to, unless you have made prior arrangements and have consent from the Head Coach/class teacher.

Parent watching

Parent watching is restricted to once a term. Our "Parent Watching" week is generally the last week of each term.

Please note: Whilst parent feedback is encouraged, parents are asked to discuss any issues at the beginning or end of the class and not during the sessions. Therefore please do not interrupt the lessons; interruptions are off putting and unsafe for teachers and children.

Course Fees

Please ensure all course fees are paid on time within the payment period.

Club Safety Rules & Code of Conduct for Gymnasts

As a member of Twisters you are expected to abide by the following club rules:

Please ensure you are in time for **registration** at the beginning of each class, which should be a minimum of 5 minutes before the class is due to start. Once you have registered you are not permitted to leave the hall until the end of the lesson.

Please go to the toilet **BEFORE** the class.

Please **do not** go on any apparatus before or after the class or without the permission of a coach.

Members should treat all equipment with respect.

Your hair and appearance should be neat and tidy at all times. Long hair **MUST** be tied back off the face. Should you forget your hair-band or clips then you can borrow one from Twisters. Please ensure you return the hair-band/clips at the end of the session.

If you have a verruca, please cover it with a plaster.

Girls should wear a leotard and boys should wear shorts and t-shirt for gymnastics and appropriate clothes for dance classes. Members should **not wear:** socks or shoes, jeans, skirts, long casual trousers, flared tracksuit bottoms, hooded tops, and clothing with zips or toggles for gymnastics.

No jewellery of any description is to be worn, this includes; all body piercing, watches, rings, earrings, necklaces and no nail extensions. Please note that the Club takes no responsibility for any jewellery left at the hall.

No outdoors shoes should be worn on any piece of apparatus or the matted area.

No eating, drinking or chewing on the matted area or apparatus, during or after your class.

Members must not chew gum, smoke, consume alcohol or take drugs of any kind whilst representing Twisters.

Members must inform the head coach of any injury or illness they may have **before** the beginning of the class.

No gymnast/dancer is permitted to leave the hall during a class. If you need to leave early you must inform your head coach/teacher before the start of your lesson.

Do not leave the hall to go home until you are collected by your parent/carer.

Children **MUST** inform the head coach if their parent has not collected them. **Under no circumstances must they leave the hall.** Please do not leave valuables lying around and ensure you take all your belongings home with you. Members should not use bad language and should respect all coaches/teachers and fellow Twisters members. We do not allow bullying, or any form of physical violence in our club. If you are found to be bullying, action will be taken and, in some cases, this may result in you being asked to leave the club.

Thank you for taking the time to read the above. Your support is much appreciated.